

Appetizers

Mozzarella Cheese Sticks

Six mozzarella sticks, seasoned with breadcrumbs and deep-fried just right. Served with marinara dipping sauce....\$4.95

Coconut Shrimp

Five fried coconut breaded jumbo shrimp with sweet chili mango marmalade...\$7.95

Reuben Rolls

Four crispy rolls stuffed with corned beef, Swiss cheese, and sauerkraut deep fried to a golden perfection. Served with a side of thousand island dipping sauce. ...\$6.95

Chicken Tenders

Five golden fried chicken tenders lightly dusted and served with your choice of dipping sauce: BBQ or Ranch...\$6.95

Shrimp Cocktail

Five seasoned shrimp over a bed of dressed greens, served with lemon and cocktail sauce...\$5.95

Rocker Hot Wings

Jumbo wings fried and tossed with your choice of Asian Sesame, Chipotle BBQ, Buffalo, Extra Hot Buffalo, Garlic Parmesan and BBQ sauce. Served with choice of dressing, garnished with carrot and celery sticks...\$6.95

Soups, Salads & Sandwiches

Soup of the day

Cup...\$2.95 / Bowl...\$3.95

Caesar Salad

Crisp Romaine lettuce tossed with our creamy Caesar dressing and topped with seasoned croutons and shredded Parmesan cheese...\$7.95

*Add charbroiled chicken breast strips for...\$2.00

*Add grilled jumbo shrimp or grilled salmon for...\$3.00

Grilled Lemon Chicken Salad

A heart healthy salad: Marinated & grilled chicken tenderloins seasoned with lemon pepper atop fresh greens, cucumbers, tomatoes, lettuce, scallions and cheddar cheese....\$9.95

The "Classic" Burger

A Good Ol' Fashioned half pound burger, charbroiled and served on a toasted bun with fresh lettuce, tomato, onion and your choice of cheese. Served with your choice of side...\$9.95

Chicken Breast Sandwich

Marinated chicken breast or charbroiled chicken, garnished with fresh lettuce, and onion. Served on a toasted bun with your choice of side...\$7.95

Classic French Onion Soup

Topped with a toasted Parmesan baguette and smothered with Swiss and Parmesan cheeses.

Bowl....\$4.25

with entrée...\$2.95

Cobb Salad

Tossed greens with diced Chicken Breast, Avocados, Bacon, Tomatoes, Chopped Eggs, shredded Jack Cheese, and olives...\$9.95

Garden House Salad

A mixture of fresh field greens with sliced cucumber, tomato wedges, sliced red onion, and croutons...\$3.95

Fried Chicken Tenderloin Salad

"Fresh from the garden" greens topped with fried chicken tenderloins, avocado, cherry tomatoes, and your choice of dressing....\$9.95

Philly Steak

Thinly shaved steak served on a hoagie roll with sautéed bell peppers and onions, all smothered in Provolone cheese. Served with your choice of side...\$8.95

Club Sandwich

Triple-decker with fresh lettuce, tomatoes, crispy bacon, turkey breast, ham, and American cheese. Served with your choice of side...\$7.95

From the Land

All entrees are served with a T-Bone's side salad, cup of soup, vegetable of the day, fresh bread, cornbread, and your choice of fries, steamed rice, fried rice or baked potato.
Unless otherwise noted.*

Italian Seasoned Chicken Breast

A lighter option. Two 4oz breasts of chicken, marinated in our own zesty Italian dressing...\$12.95

New York Strip Steak

America's most popular steak. A 10 oz choice loin cut, lightly seasoned and charbroiled to your taste...\$20.95

T-bones Signature Smoked Delmonico Steak

Seasoned and smoked Prime Beef, slow roasted to perfection.

Princess Cut 10 oz	\$19.95
Queen Cut 14 oz	\$22.95
King Cut 18 oz	\$25.95

Chicken Milano

Tender chicken breasts topped with a zesty red sauce, bubbly mozzarella cheese and baked al forno. Served over linguini. Bellissimo! \$13.95

Rib Eye Steak

10 oz	\$19.95
14 oz	\$22.95

Grilled to perfection! Tender and juicy every time.

Grilled Teriyaki Flank Steak

Marinated, grilled 10oz flank steak topped with a teriyaki glaze...\$17.50

T-Bone Steak

16 ounce steak, perfect for the hungry diner, served with sautéed mushrooms...\$23.95

Filet Mignon

6 ounces\$21.95

The tenderest cut of beef, grilled just the way you want it.

Grilled Pork Tenderloin with Peppercorn Sauce

Marinated, grilled pork medallion tenderloin with a brandy peppercorn demi glaze...\$13.95

Country Fried Steak Tulsa

Tender, breaded beef, deep fried and topped with country gravy....yum! \$13.95

Chicken Tender Platter

Four strips of chicken breast, seasoned and deep fried to perfection.
Served with BBQ or Ranch dipping sauce...\$13.95

Members First Discount

Members receive a \$1.00 discount per person off entrees over \$4.00 in price

Chicken Fried Chicken

Two juicy chicken breasts, breaded and deep-fried then smothered in country gravy...\$13.95

*Chinese Style Beef Broccoli **

Stir Fried Beef Tenderloin and Broccoli with an Oyster Ginger Sauce and served with steamed White Rice...\$12.95

*Italian Sausage and Chicken Penne **

Tender chicken breast, hot Italian sausage tossed with our marinara sauce, onions, peppers, mushrooms & penne then topped with Mozzarella cheese and baked until bubbly...\$12.95

From the Sea

Catch of the day

Have your selection char-broiled, sautéed, or steamed, with your choice of sauce

Fish Selection:

Cold Water Salmon - \$14.95

Swordfish - \$15.95

Sauce Selection:

Lemon Butter

Asian Oyster Ginger Sauce

Cajun Creole Sauce

Seafood Mixed Grill

Scallops, Gulf Shrimp and Salmon marinated in a citrus marinade, then broiled...\$17.95

Gulf Shrimp

Large Gulf shrimp coated with Japanese breadcrumbs and quick fried to seal in flavor...\$13.95

*Shrimp and Scallop Linguini **

Simmered with bacon, garlic, basil, mushrooms, white wine and Alfredo sauce.
Served with the vegetable of the day...\$16.50

Steamed Alaskan Snow Crab Legs

One pound of succulent deep sea snow crab legs served with drawn butter and lemon...\$23.95

Single Lobster Tail

Grilled 6oz rock lobster served with drawn butter...\$23.95

T-Bones Extras

Sautéed Onions... \$1.50

Sautéed onions and sliced mushrooms with butter, garlic and sherry wine... \$2.75

Tempura Battered Onion Rings... \$2.95

Grilled Green Asparagus Spears... \$3.50

Land and Sea Combinations

Steak and Shrimp

Our grilled 8oz New York strip loin and tasty Gulf shrimp make this the King of Land and Sea combinations...\$21.95

Steak and Lobster

6 ounces each of filet mignon and lobster tail served with drawn butter...\$32.95

Steak and Crab Leg "Feast"

8 oz New York strip loin and one pound of snow crab legs with lemon and drawn butter...\$32.95

Seasoned Chicken Breast and Grilled Salmon

Grilled 5oz Italian seasoned Chicken Breast and Grilled Salmon Fillet served with tartar sauce & lemon...\$16.95

Add Lemon Butter, Asian Oyster Ginger Sauce, or Cajun Creole Sauce for \$0.50

Please note: Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have existing medical conditions.

Dessert Selections

Cheesecake Factory Dessert

Ask your server for daily selections.....\$4.50

Hot Fudge Brownie

A big, chewy brownie topped with whipped cream and served with vanilla ice cream and drizzled with chocolate sauce.....\$3.95

Homemade Apple Crisp with Vanilla Ice Cream...\$3.25

Assorted Ice Cream

Choice of Vanilla, Strawberry, or Chocolate

Single Scoop...\$1.95 Three Scoop Bowl...\$3.25

Beverages

Coffee or Hot Tea.....95¢

Milk....small 8 oz...\$1.25 large, 12 oz...\$1.95

Fountain Soft Drinks with free refills.....\$1.75

Bottled Water.....\$1.25

Iced Tea.....\$1.95

Raspberry Lemonade....\$1.95