

What are the goals and philosophy of Kadena Youth Sports and Fitness?

- Our philosophy is that youth sports participants are most successful in environments that are positively challenging, supportive, safe, and adult supervised. This is achieved by creating a wide array of opportunities for youth to participate in organized recreational, social, educational, developmental and physical activities. Our emphasis is on participation by youth and teens in age appropriate individual and group activities throughout the respective programs we offer.

Goals:

- Familiarize youth with the fundamentals of sports
- Provide equal opportunity for participation
- Emphasize good sportsmanship, fair play, and discipline
- Instill youth the values associated with team sports, make new friends, and have FUN

What are the Registration Fees and what do they cover?

- Basketball: Members \$60 / Non-members \$70 (includes full uniform and trophy)
Cheer: Members \$80** / Non-members \$90** (includes full uniform, pom-poms, trophy)
****\$50 / 60 if no uniform required.**
- Youth Sports is a program supported primarily by parent fees. The fees cover: Uniforms, participation awards, staff payroll, and field/equipment maintenance and repair.

What age groups / divisions are offered?

- Basketball divisions: ages 5 – 6, 7 – 8, 9 – 10, 11 – 12, 13 – 15 Girls, and 13 – 15 Coed
- Cheer divisions: ages 5 – 6, 7 – 8, and 9 – 11

What do I need to register my child?

- Prior to participating in youth sports each child **must have a physical examination**, without a physical your child is ineligible to participate. Physicals are good for one year and must be signed by a physician.
- Parents are responsible for contacting their Primary Care Manager (PCM) to schedule appointments. Physical examination forms are provided by the physician and Youth Sports & Fitness

What equipment is REQUIRED to be provided by the parent/guardian?

- Basketball: basketball shoes or any other non-marking sole sneaker
- Cheer: tennis shoes

When will I be notified by a coach?

If you have not heard from a coach by 9 March you may call the Youth Sports & Fitness Office at 634-1384. However, if you have not submitted a physical for your child, your contact information will not be given to your child's coach.

What Dates and Times will my Child's team be practicing or playing games?

Our volunteer coaches select their dates, times, and facilities where they will be conducting practices. All teams are guaranteed 2 practices a week between the hours of 5pm to 8pm. Games will be held on Friday nights or Saturday mornings / afternoons. Practices are allowed to begin the week of 19 March 2012. It is at the discretion of the individual coach as to the exact date the team begins.

Can I choose or request a specific team for my child to play on?

No. Only coaches are guaranteed to have their children on their team. Siblings in the same age group will be placed on the same team, unless otherwise requested.

The Role of Youth Sports Parents

With the privilege of participation comes the responsibility to help our league meet its objective for every youth participant. Please refrain from heckling the officials, coaches and other players. It is our objective to provide a positive environment that promotes growth and development for all participants.

Important Dates

Mandatory Player Skill Evaluations and Coaches draft – Nakayoshi Youth Complex (Bldg 499)			
11- 12	Coed Basketball	Saturday, 3 March	9:00am – 10:30am
13 – 15 Girls	Girls Basketball	Saturday, 3 March	11:00am – 12:30am
13 – 15	Coed Basketball	Saturday, 3 March	1:00pm – 2:30pm
Mandatory Coaches’ Meetings - Nakayoshi Youth Complex (Bldg 499) <i>*Only need to attend one meeting*</i>			
11 – 15 Year Olds	Basketball Coaches	Wednesday, 29 February	6:00pm – 8:00pm
5 – 10 Year Olds	Basketball and Cheer Coaches	Wednesday, 7 March	6:00pm – 8:00pm
5 – 10 Year Olds	Basketball and Cheer Coaches	Thursday, 8 March	11:00am – 1:00pm
Coaches’ CPR Classes - Nakayoshi Youth Complex (Bldg 499), <i>space is limited, please call office to reserve a spot</i>			
All	All Coaches	Saturday, 10 March	8:00am – 1:00pm
Mandatory Parents Meeting at Nakayoshi Youth Complex (Bldg. 499) <i>*Only need to attend one meeting*</i>			
Age Group	Who?	Day	Time
5 - 15 Year olds	Basketball and Cheer	Monday, 12 March	6:00 pm – 6:30 pm
5 - 15 Year olds	Basketball and Cheer	Wednesday, 14 March	6:00 pm – 6:30 pm

Health & Safety Issues

The youth sports and fitness staff, league administrators, team coaches, officials, parents, and players must share the responsibility for safe play.

- Alcohol, smoking, chewing tobacco, or any illegal substance use will not be allowed within sight of any child or youth, or within the vicinity of any Youth Sports & Fitness event or activity. Failure to adhere to these guidelines may result in the removal of individuals from the playing area.
- Profane language or inappropriate behavior will not be tolerated. Failure to adhere to these guidelines may result in the removal of individuals from the playing area.
- All players should wear appropriate clothing for the sport and environment in which they are participating. No shorts/jeans/pants with pockets or belt loops will be permitted during practices or games.
- Jewelry of any kind and hard hairpieces are prohibited.

Parents’ Code of Ethics

- I will practice good sportsmanship by encouraging positive support for all players, coaches and officials at every game, practice, or other youth sports event.
- I will place the emotional and physical well being of my child ahead of a personal desire to win.
- I will insist that my child play in a safe and healthy environment.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
- I will demand a sports environment for my child that is free of drugs, tobacco and alcohol and will refrain from the use of such substance during attendance or participation in any Youth Programs event.
- I will remember that the game is for youth participants; and as an adult, my role is to be a supportive parent promoting a positive, healthy environment for all youth.
- I will do my very best to make youth sports fun for my child.
- I will ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
- I promise to help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.
- I will require that my child’s coach be trained in the responsibilities of being a youth sports coach and that the coach upholds the Coaches’ Code of Ethics.